



ACHIEVERS MIDDLE SCHOOL

LEARN • LEAD • ACHIEVE

SEPTEMBER 2026

BREAKFAST • LUNCH MENU



GOOD FOOD
STRONG MINDS
BRIGHTER FUTURES

Fuel Your Potential!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1  Breakfast: Cinnamon French Toast Sticks w/ Fruit & Milk Lunch: Chicken Alfredo w/ Garlic Bread & Green Beans	2  Breakfast: Breakfast Burrito w/ Fruit & Milk Lunch: Beef Tacos w/ Rice & Beans	3  Breakfast: Pancakes w/ Syrup w/ Fruit & Milk Lunch: Chicken Sandwich w/ Sweet Potato Fries	4  Breakfast: Breakfast Sandwich w/ Fruit & Milk Lunch: Pepperoni Pizza w/ Caesar Salad
7  NO SCHOOL <i>Labor Day</i>	8  Breakfast: Breakfast Pizza w/ Fruit & Milk Lunch: Cheeseburger w/ Tater Tots	9  Breakfast: Mini Pancake Bites w/ Fruit & Milk Lunch: Chicken Quesadilla w/ Corn	10  Breakfast: Yogurt Parfait w/ Granola, Fruit & Milk Lunch: Teriyaki Chicken Bowl w/ Rice & Broccoli	11  Breakfast: French Toast Sticks w/ Fruit & Milk Lunch: Bosco Sticks w/ Marinara & Side Salad
14  Breakfast: Breakfast Burrito w/ Fruit & Milk Lunch: Mac & Cheese w/ Chicken & Green Beans	15  Breakfast: Pancake on a Stick w/ Fruit & Milk Lunch: Beef Nachos w/ Queso, Lettuce & Tomato	16  Breakfast: Breakfast Sandwich w/ Fruit & Milk Lunch: Spaghetti w/ Meat Sauce & Garlic Bread	17  Breakfast: Cinnamon Roll w/ Fruit & Milk Lunch: Chicken Tenders w/ Mashed Potatoes & Corn	18  Breakfast: Waffles w/ Syrup w/ Fruit & Milk Lunch: Pepperoni Pizza w/ Side Salad
21  Breakfast: Breakfast Pizza w/ Fruit & Milk Lunch: Chicken Sandwich w/ Tater Tots	22  Breakfast: Yogurt Parfait w/ Granola, Fruit & Milk Lunch: Walking Taco w/ Rice & Beans	23  Breakfast: Mini Pancake Bites w/ Fruit & Milk Lunch: General Tso's Chicken w/ Rice & Broccoli	24  Breakfast: French Toast Sticks w/ Fruit & Milk Lunch: Cheese Quesadilla w/ Black Beans	25  Breakfast: Breakfast Burrito w/ Fruit & Milk Lunch: Meat Lovers Pizza w/ Caesar Salad
28  Breakfast: Pancakes w/ Syrup w/ Fruit & Milk Lunch: BBQ Chicken Bowl w/ Rice & Corn	29  Breakfast: Breakfast Sandwich w/ Fruit & Milk Lunch: Soft Pretzels w/ Cheese & Side Salad	30 Breakfast: Cinnamon French Toast Sticks w/ Fruit & Milk Lunch: Chicken Fajitas w/ Rice & Beans	Good Food Great Students Brighter Tomorrows  EAT WELL  STAY FOCUSED  ACHIEVE MORE	

Healthy Students Stronger Tomorrow!



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



#AchieversFuelSuccess



PANTHER PRIDE
EVERYDAY